



BerkelBike

FITNESS

the way to move



Sponsored by:



BerkelBike Fitness

The BerkelBike Fitness is specially designed for home use, from your chair or (electric) wheelchair, which makes exercising and/or rehabilitation at home easy. Just like with the other BerkelBike models, you can train your arms and legs simultaneously. This unique training offers new opportunities to improve your health.



- **Extremely simple**
- **8 different resistance levels**
- **Option for FES**
- **No cables**
- **Great design**

Easy to use

The use of the BerkelBike Fitness is very simple. You put a steady chair or your (electric) wheelchair in front of the Fitness. Subsequently put your feet on the pedals and fasten them if necessary. Place your hands on the specially designed handles and start training. The display of the computer will automatically light up as soon as you start cycling.

FES

The BerkelBike Fitness is expandable with the BerkelBike FES system. This system activates paralysed muscles by using electrical pulses. Ask for the BerkelBike FES leaflet for more information regarding Functional Electrical Stimulation.